



"I'm so glad that I got the opportunity to take part in this discussion group (Being and Doing Good) and also the GBNR monthly get-togethers. Thanks so much for hosting these events!"

U. of Guelph student

"Thank you for hosting such an uplifting and thought-provoking discussion group. In a way, the search for meaning and the good life takes a great amount of soul searching without the assurance of a singular static text to guide us. This was a wonderful opportunity to explore these ideas, share my own thoughts in a safe space and listen to the thoughts of others . . . I am sad that it ended but happy that it happened."

Michael Butler, U. of Waterloo alumnus

"The Being and Doing Good discussion was a great opportunity for people with any religious or nonreligious beliefs to have meaningful conversations about how to live a 'good life.' I found this to be very refreshing, because such conversations are usually rare in day-to-day life. This group provided a fulfilling break from other commitments such as academics, work, and athletics."

U. of Waterloo student

SPECTRUM

SPECTRUM Artistic and Educational Media Association is a non-profit, registered charity promoting media arts in education. *Our mission is to provide schools and registered charities with artistic and educational media that foster life-enhancing values.*

Spectrum's history can be divided into 3 chapters. **Chapter 1**, during the 1980s, focused on **Exploring Values and Beliefs**. Under Inter-Varsity Fellowship, Spectrum produced and presented two 3-screen, 9-projector multimedia presentations. One of these, *In Search of a Sun: An Inquiry into Values*, was presented 500 times to nearly 100,000 people in all 10 provinces. Whenever possible it was shown with its sequel, first *Between Reflections*, then *Say It Isn't True: An Inquiry into Faith*.

Chapter 2, from 1989-2012, saw Spectrum become an independent artistic and educational media resource with an expanded mandate, **Probing Values, Beliefs and Social Concerns—especially Social Concerns**. We further described our work as 'Fostering a civil, just and caring society,' and then 'Fostering Values That Enhance Life.' Our media format shifted to 3-projector, wide-screen presentations followed by audience interaction and response. From 1990 to 2001, Spectrum produced and gave 900 presentations of *Take It Back* (Caring for Planet Earth), *Dear God* (Barriers and Bridges to Faith), and *No More Turning Away* (From Hunger, Poverty and Injustice) to 220,000 students and adults in 8 provinces.

With **Inspiring Students To Care**, a pro-

gram from 2008-12 in partnership with Rotary Clubs of District 6330 and Zone 24, we updated and transferred *No More Turning Away* and *Take It Back* to DVD, placing 1100 DVDs and Printed Guides in 42 school boards in 6 provinces across Canada.

Chapter 3, from 2013-2020, focused on **Exploring Spirituality**, especially a progressive, metaphorical and even nonreligious understanding of spirituality. In 2014 Spectrum produced *Seismic Shift: Spirituality for the Rest of Us*, a multimedia resource for university students and adults.

From 2014-20 Spectrum sponsored Keith as a nonreligious chaplain at U. of Waterloo and U. of Guelph, expanding Spectrum's presence on the university campus.



Spectrum's Board of Directors 5/19

Spectrum's Board in 2019-20 consisted of Bev Garinger, Rob Ritchie, Sally Johnson, and John Sharp. Bev is owner and manager of The Source in Wiarton and is a member of The Rotary Club of Wiarton. Rob is a writer, editor, author and musician, part of RPR and Midnight Blue. Sally is a therapist and teacher of transpersonal psychology. John is a professional photographer from Midland who worked for Spectrum as a student in 1984 and has contributed images for 5 Spectrum productions.

Keith's Chaplaincy Support Team this past year consisted of Colin McGregor, Isobel Field, Tui Torre, and Larry Kelly, helping him raise funds for his work on both university campuses.



SEISMIC SHIFT



In 2013 Keith published a book called *Seismic Shift: From God to Goodness*. Subtitled 'A journey of loss and discovery,' it describes his journey from belief in God as a higher Being to God as a higher Ideal, especially the ideal of Goodness.

In 2014 Spectrum produced a companion multimedia presentation entitled *Seismic Shift: Spirituality for the Rest of Us*. It explores a progressive alternative to traditional faith, New Age spirituality, and atheism.

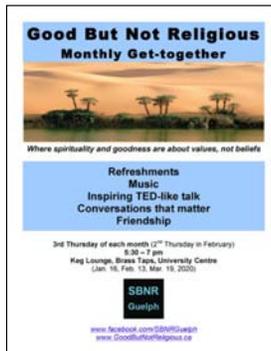
In 2018 Keith reworked his book into a novel called *Seismic Shift: The novel*, available as a pdf or in paperback through SeismicShift.ca and GoodButNotReligious.ca. He used the novel with many contacts on campus this past year.

SPIRITUAL (i.e. GOOD) BUT NOT RELIGIOUS CHAPLAINCY

In September 2014 Keith became a **non-religious chaplain at U. of Waterloo and U. of Guelph**. When it comes to religious identity, "no religious affiliation" or "none" is the fastest growing segment among students and adults. He has been a chaplain for the "nones," especially students who are, or want to be, spiritual but not necessarily religious. His goal has been to point students to universal, life-enhancing values like goodness and compassion rather than a particular set of beliefs.

For 6 years Keith was a member of the U. of Waterloo Chaplaincy Association and the U. of Guelph Multi-Faith Resource Team, sponsored by Spectrum A&E Media and St. John's United Church in Wiarton, with Ed Laksmanis as his supervisor.

In August Keith lost his beloved wife Jenny to stage 4 ovarian cancer and took the fall off to grieve and to heal. In the winter term he was on each campus at least one day a week, sometimes two. Besides office hours he had a Spiritual But Not Religious display table once a month in the Student Life Centre and University Centre.



At U. of Guelph a **Good But Not Religious Monthly Get-together** (previously called A Taste of Oasis) was held in the Keg Lounge in the Brass Taps Pub. The event included music, refreshments, an

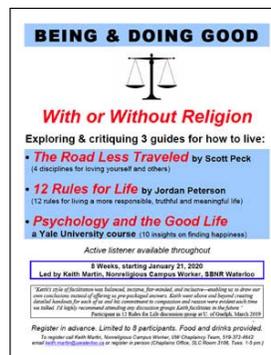
to live: *The Road Less Traveled* (Section 1) by Scott Peck, *12 Rules for Life* by Jordan Peterson, and "Psychology and the Good Life," a Yale University course. 4 people participated at U. of Waterloo and 7 at U. of Guelph.

A 4 page SBNR Chaplaincy Report with 18 appendixes and 13 pages of photos is available on request.

Spectrum ended the year with an overall fund balance of \$84. A 10 page financial statement and review engagement by BDO Canada, or a 2 page financial summary by Spectrum, is available on request.

inspiring TED-like talk, conversations that matter, and friendship. 8 people attended each month.

Being and Doing Good: With or Without Religion was an 8-week discussion group offered on both campuses exploring and critiquing 3 guides for how



After 40 years and 3 chapters, Spectrum will formally dissolve at its Annual General Meeting on July 19, 2020. Thank you to everyone who helped with production, presentations, funding and administration over these 40 years, fostering values that enhance life!

Keith will continue one day a week as a nonreligious chaplain and educator online under the name Good But Not Religious, especially through his website www.GoodButNotReligious.ca.

Respectfully submitted,
Keith Martin, Director

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Fostering Values That Enhance Life

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